Menu Name	SPRING MENU 2024	4	Week 1	Cycle 1				
	•			SPRING MENU 20	24			
Meal Period	Section Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Breakfast	Hot			Fried Egg & Spaghetti with Tomato and Cheese			Fried Egg & Baked beans	Tomato and Cheese Croissant
	Continental Breakfast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast
	Liet Reverses	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all
	Hot Beverages	meals	meals	meals	meals	meals	meals	meals
	Texture Modified - PU4	Scrambled Egg/Porridge	Scrambled Egg/Porridge	Scrambled Egg/Porridge	Scrambled Egg/Porridge	Scrambled Egg/Porridge	Scrambled Egg/Porridge	Scrambled Egg/Porridg
Morning Tea	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals
	<b>Texture Modified -</b>	Yoghurt, Custard,	Yoghurt, Custard,	Yoghurt, Custard,	Yoghurt, Custard,	Yoghurt, Custard,	Yoghurt, Custard,	Yoghurt, Custard,
	PU4	Puree Fruit	Puree Fruit	Puree Fruit	Puree Fruit	Puree Fruit	Puree Fruit	Puree Fruit
	SB6							
Lunch	Soups							
	Option 1	Chicken Meatloaf with Gavy	Roasted Pork served with Apple Sauc/ Gravy	Grilled Fish with Bernaise Sauce	Lamb Moussaka	Homemade Crumbed Fish w Lemon and Tartare	Polish Egg Meatloaf	Roast Beef with Horseradish and Gravy
	Option 2	Polish Lazanki	Chicken A la king	Polish Meatballs with Dill Sauce	Macaroni and Cheese Bake	Country Lamb Stew	Chinese Chicken Stir Fry with vegetables and Noodles	Spinach and Ricotta Ravioli
	Side Starches	Roasted Rosemary Potatoes	Steamed Rice/Baked Potato	Creamed Potato	Mash Potato	Chips	Mash Potato	Roast Potato
	Side Vegetables	Steamed Carrot, Zucchini cauli and Broccoli	Baby Beans	Steamed Broccoli	Yellow and Green Beans Buttered	Garden Salad	Brussel Sprouts, Steamed	Broccoli and Cauliflowe
	Sides		Roast Pumpkin	Baby Carrots		Mixed veg Steamed	Roasted Sweet Potato	Steamed Carrots
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Salads	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad
	Desserts	Mango Mousse	Pear and White Chocolate Crumble w Custard	Polish Rhubarb Cake with cream	Vanilla Panna Cotta	Coconut Sago	Sultana and Cinnamon Bread & Butter Pudding	Ice Cream and Carame Topping
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals
	Texture Modified - PU4	TM Carrot - PU4, TM Broccoli - PU4, TM Pork - PU4,	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Fish - PU4, TM Lamb - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Chicken - PU4, TM Lamb - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Chicken - PU4, TM Beef - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Fish - PU4, TM Pork - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Chicken - PU4, TM Lamb - PU4	TM Puree Potato - PU4 TM Carrot - PU4, TM Broccoli - PU4, TM Lamb - PU4, TM Chicken - PU4
ı		TM Chicken - PU4	TIVI Lattib - PO4	I IIVI Lamb - PO4	TWI BEET - 1 O-4	TIVI FOIK - FO4	1101 Lanib - 1 04	TWI CHICKETT 1 04

Menu Name SPRING MENU 2024		Week 1	Cycle 1					
				SPRING MENU 20	24			
Meal Period	Section Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Afternoon Tea	Snack Items	Carrot Cake	Rhaspberry and Coconut Slice	Date Cookie	Chocolate chip Cookie	Vegemite &Cheddar Cheese Twists	Strawberry & Vanilla sponge Cake	Caramel Slice
	Hot Poverages	Tea and coffee - all						
	Hot Beverages	meals						
	Texture Modified -	Yoghurt, Custard,						
	PU4	Puree Fruit						
	Texture Modified - SB6							
Dinner	Soups	Spring Vegetable Soup	Polish Barley Soup	Mushroom Soup	White Borscht	Polish Dill and Pickle Soup	Minestrone Soup	Rosol(Polish Chicken Noodle)
	Option 1	Oven baked Fish with Basil Crust	Polish Bigos	Grilled Chicken Drumsticks with gravy	Tuna Mornay with Crispy Crumble	Swet and Sour Pork with Rice	Creamy Tuscan Style Fish	Grilled Thick Pork Sausages caramelised Onions
	Soft Option	Oven Baked Fish	Slow braised Beef Casserole	Grilled Chicken Thigh	Tuna Mornay with Crispy Crumble	Swet and Sour Pork with Rice	Creamy Tuscan Style Fish	Grilled Thick Pork Sausages caramelised Onions
	Side Starches	Roast Sweet Potatoes	Creamed Potato	Sweet Potato Mash	Potato Wedges, sour cream chives	Steamed Rice	Creamed Sweet Potato	Mash Potato
	Side Vegetables	Sauted Zucchini with Garlic and herbs	Garden Salad	Cauliflower Broccoli and Carrots	Garden Salad	Yellow and Green Beans, Carrots	Broccoli and Cauliflower	Garden Salad
	Sides		Peas					
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Salads	Chefs Daily Salad						
	Desserts	Fresh Fruit Salad	Pears & Custard	Jelly with Two Fruits and Cream	Stewed Apples with Custard	Tropical Fruit Flummery	Fresh Fruit Salad with Yoghurt	Peaches with Custard
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals			
		TM Puree Potato - PU4, TM Pumpkin - PU4,	TM Puree Potato - PU4, TM Pumpkin - PU4,	TM Puree Potato - PU4, TM Pumpkin - PU4,	TM Puree Potato - PU4, TM Pumpkin - PU4,	TM Puree Potato - PU4, TM Pumpkin - PU4,	TM Puree Potato - PU4, TM Pumpkin - PU4,	TM Puree Potato - PU4,
	Texture Modified -	TM Green Beans - PU4,	TM Green Beans - PU4.					
	PU4	TM Fish - PU4,	TM Chicken - PU4,	TM Beef - PU4,	TM Fish - PU4,	TM Pork - PU4,	TM Lamb - PU4,	TM Fish - PU4,
		TM Beef - PU4	TM Beef - PU4	TM Fish - PU4	TM Pork - PU4	TM Chicken - PU4	TM Fish - PU4	TM Beef - PU4
		200.	255					2001 101
	SB6							
Supper	Snack Items	Sweet Biscuits						
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Hot Beverages	Tea and coffee - all						
		meals						

Menu Name	SPRING MENU 2024	4	Week 2	Cycle 1				
				SPRING MENU 2024				
Meal Period	Section Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Breakfast	Hot			Fried Egg & Spaghetti with Tomato and Cheese			Fried Egg & Baked beans	Tomato and Cheese Croissant
	Continental Breakfast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast
	Liet Doverages	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all
	Hot Beverages	meals	meals	meals	meals	meals	meals	meals
	Texture Modified - PU4	Scrambled Egg/Porridge	Scrambled Egg/Porridge	Scrambled Egg/Porridge	Scrambled Egg/Porridge	Scrambled Egg/Porridge	Scrambled Egg/Porridge	Scrambled Egg/Porridge
Morning Tea	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals
	Texture Modified -	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree
	PU4	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
	SB6							
Lunch	Soups							
	Option 1	Cottage Pie	Baked Chicken with Diane Sauce	Baked Fish with Lemon Caper sauce	Potato Pancakes with Sour cream	Homemade Crumbed Fish w Lemon and Tartare	Polish Pierogi with Onions & Bacon	Roast Lamb with Mint Jelly & Rosemary Gravy
	Option 2	Crumbed Eggplant with Tomato sauce	BBQ Pork Sausages with Gravy	Polish Breaded Egg Cutlets	Corned Beef with Parsley Sauce	BBQ Lamb Sausages	Creamy Chicken Alfredo	Asparagus Leek and Cheese Penne Pasta
	Side Starches	Mash Potato	Mash Potato	Roast Chat Potatoes with Tuscan Herbs	Baked Potato	Chips	Parsley Potatoes	Crunchy Roast Garlic Potato
	Side Vegetables	Green Beans	Steamed carrots peas and corn	Steamed Broccoli	Zucchinni roasted	Coleslaw	Medley of Vegtables	Roast Pumpkin
	Sides	Carrots steamed	Roast Pumpkin	Roast Sweet Potato	Baby Carrots	Mixed veg Steamed	Roasted Sweet Potato	Buttered Peas
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Salads	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad
	Desserts	Chocolate and Coffee Mousse	Nalesniki -Polish Style Crepe	Fruit cake with Custard	Vanilla Pudding	Ice Cream and chocolate Topping	Creamy Rice Pudding with Peaches	Ice Cream and Strawberry Topping
	Hot Beverages	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all
	not beverages	meals	meals	meals	meals	meals	meals	meals
		TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,
	Texture Modified -	TM Carrot - PU4,	TM Carrot - PU4,	TM Carrot - PU4,	TM Carrot - PU4,	TM Carrot - PU4,	TM Carrot - PU4,	TM Carrot - PU4,
	PU4	TM Broccoli - PU4,	TM Broccoli - PU4,	TM Broccoli - PU4,	TM Broccoli - PU4,	TM Broccoli - PU4,	TM Broccoli - PU4,	TM Broccoli - PU4,
	1 04	TM Pork - PU4,	TM Fish - PU4,	TM Chicken - PU4,	TM Chicken - PU4,	TM Fish - PU4,	TM Chicken - PU4,	TM Lamb - PU4,
		TM Chicken - PU4	TM Lamb - PU4	TM Lamb - PU4	TM Beef - PU4	TM Pork - PU4	TM Lamb - PU4	TM Chicken - PU4
	SB6							
Afternoon Tea	Snack Items	Bannana Cake	Lemon Slice	Fruit Scones with Chantily Cream	Apple and Cinamom Muffin	Cheese and Crackers	Jam Drops	Glazed Apricot and Custard Slice
	Hot Beverages	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all
1		meals	meals	meals	meals	meals	meals	meals

Menu Name	e SPRING MENU 2024		Week 2	Cycle 1				
				SPRING MENU 20	J24			
Meal Period	Section Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun
	Texture Modified -	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree
	PU4	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
	Texture Modified -	1	,	1 '	1 '	'	'	
	SB6		<u>.                                    </u>	<u>'</u>	<u> </u>	<u> </u>		
Dinner	Soups	Pea and Ham Soup	Polish Potato and Sausage Soup	Lentil and Chunky Veg Soup	Rosol(Polish Chicken Noodle)	Roasted Sweet Potato Soup with Cumin	Tomato and Rice Soup	Rosol(Polish Chicken Noodle)
	Option 1	Lamb Meatballs in Tomato and Onion Sauce	Polish Beef Stroganoff	Chicken Schnitzel with light chicken Gravy	Spinach and Fetta Pastizzi	Char Siu Pork in fried Rice	Fish Cocktails with Sweet and Sour sauce	Ktzitzot (Polish Chicken Patties)
	Soft Option	Oven Baked Fish	Savoury Beef and Veg Mince	Grilled Chicken Thigh	Roasted vegetable Frittata	Char Siu Pork with Fried Rice	Steamed fish with Lemon	Ktzitzot (Polish Chicken Patties)
	Side Starches	Sweet Potatoe Mash	Steamed Rice	Creamed Potato	Potato Gems	Steamed Rice	Creamy Potato	Mash Potato
	Side Vegetables	Red Capsicum, babycorn, Sugar snap Peas,m carrot and broccoli	Pumpkin	Braised Cabbage with SauerKraut	Garden Salad	Yellow and Green Beans, Carrots	Broccoli and Cauliflower	· Garden Salad
	Sides		Sliced Zuchinni	Sweet Potato				
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Salads	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad
	Desserts	Fresh Fruit Salad with	Stewed Apples with	Jellied Fruit Salad and	Butterscotch Apples	Mandarin Segments	Peach Melba with	Stewed Fruits with
	Desserts	Yoghut	Custard	Cream	with Custard	with Cream	Raspberry Sauce	Custard
	Hot Beverages	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all
	HOLDEVELUBES	meals	meals	meals	meals	meals	meals	meals
	'	TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,	1	TM Puree Potato - PU4,	*
	Texture Modified -	TM Pumpkin - PU4,	TM Pumpkin - PU4,	TM Pumpkin - PU4,	TM Pumpkin - PU4,	TM Pumpkin - PU4,	TM Pumpkin - PU4,	TM Pumpkin - PU4,
	PU4	TM Green Beans - PU4,	· ·	TM Green Beans - PU4,	TM Green Beans - PU4,	TM Green Beans - PU4,	TM Green Beans - PU4,	
	'	TM Fish - PU4,	TM Chicken - PU4,	TM Beef - PU4,	TM Fish - PU4,	TM Pork - PU4,	TM Lamb - PU4,	TM Fish - PU4,
	<u> </u>	TM Beef - PU4	TM Beef - PU4	TM Fish - PU4	TM Pork - PU4	TM Chicken - PU4	TM Fish - PU4	TM Beef - PU4
	SB6	1 2 12 1	1 0 10 11	<u> </u>	<del>                                     </del>	<del>                                     </del>	<u> </u>	1
Supper	Snack Items	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Hot Beverages	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all	Tea and coffee - all
	'	meals	meals	meals	meals	meals	meals	meals

Menu Name	SPRING MENU 2024	1	Week 3	Cycle 1				
	•			SPRING MENU 20	24			
Meal Period	Section Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Breakfast	Hot	Baked Beans	Scrambled Eggs	Spaghetti with Tomato and Cheese	Scrambled Eggs	Baked Beans	Grilled Bacon, Poached Egg and Hash Brown	Scrambled Eggs
	Continental Breakfast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals
	Texture Modified - PU4	Porridge	Porridge	Porridge	Porridge	Porridge	Porridge	Porridge
Morning Tea	Snack Items	Strawberry and Vanilla Cake	Passionfruit slice	Blondies	Apricot and coconut muffin	Sausage Rolls	Lemonade Scones w Jam and Cream	White chocolate and macadamia slice
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals
	Texture Modified - PU4	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit
	Texture Modified - SB6							
Lunch	Soups							
	Option 1	Golumpki (Pork Cabbage Roll)	Pork and Vegetable Meatloaf with Gravy	Baked Fish with Cheese and Parsley Sauce	Beef Spaghetti Bolognaise	Homemade Battered Fish - Lemon and Tartare Sauce	Maple Glazed Pork	Roast Chicken Thigh with Gravy
	Option 2	Portuguese Style Chicken	Apricto Chicken	Lamb Kofta with Minted Yoghurt	Vegetable and Lentil Tofu casserole	Spinach and Fetta Triangles	Creamy Chicken and Spinach Pasta Bake	Lamb and Bean Stew
	Side Starches	Mash Potato	Roast Pumpkin	Roast Sweet Potatoes	Steamed Rice	Chips	Golden Roast Chat Potatoes	Roast Potato
	Side Vegetables	Buttered Yellow Beans	Steamed cauliflower	Steamed Zucchini and Beans	Steamed Broccoli	Garden Salad	Brussel Sprouts, Steamed	Minted Peas
	Sides	Buttered Carrots	Peas		Cauliflower Mornay	Cauliflower, Broccoli and Carrot	Oven Roasted Cauliflower	Herbed Baby Carrots
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Salads	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad
	Desserts	Banana and Caramel Mousse	French Vanilla Cheesecake with Cream	Orange Syrup Cake with Custard	Baked Custard	Ice Cream with Strawberry Topping	Sultana Pudding with Cream	Vanilla Ice cream with Mixed Berry Compote
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals
	Texture Modified - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Pork - PU4, TM Chicken - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Fish - PU4, TM Lamb - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Chicken - PU4, TM Lamb - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Chicken - PU4, TM Beef - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Fish - PU4, TM Pork - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Chicken - PU4, TM Lamb - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Lamb - PU4, TM Chicken - PU4
	Texture Modified - SB6							

Menu Name SPRING MENU 2024			Week 3	Cycle 1				
				SPRING MENU 20				
Meal Period	Section Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Afternoon Tea	Snack Items	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals
	Texture Modified - PU4	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit
	Texture Modified - SB6							
Dinner	Soups	Zurek Soup	Polish Fish Soup	Cream Of Mushroom Soup	Asparagus Soup	Pumpkin Soup	Minestrone Soup	Rosol(Polish Chicken Noodle)
	Option 1	Fish with Italian Tomato Olive Sauce	Hawaian Pizza Muffin	Grilled Pork Sausages and Gravy	Potato Ham and Caramelised Onion Frittata	Shepherds Pie	Crumbed Fish Bits	Pork Goulash
	Soft	Fish with Italian Tomato Olive Sauce	Spring Vegetarian Frittata	Pork Savoury Mince	Potato Ham and Caramelised Onion Frittata	Shepherds Pie	Baked fish	Pork Goulash
	Side Starches	Golden Roast Chat Potatoes	Potato Wedges	Mash Potato	Crunchy Roast Garlic Potatoes	Roast Sweet Potatoes	Potato Gems	Mash Potato
	Side Vegetables	Sauted Zucchini with Garlic	Garden Salad	Yellow and Green beans buttered	Garden Salad	Buttered Peas	Steamed Carrot, Peas and Corn	Carrot, Potato, Sweet Potato and Pumpkin
	Sides							
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Salads	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad
	Desserts	Seedless Watermelon, Ice Cream	Banana Custard	Jelly with Two Fruits and Cream	Baked Apple with Rice	Mandarin Segments	Fresh Fruit Salad with Yoghurt	Summer Pavlova
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals
	Texture Modified - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Fish - PU4, TM Beef - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Chicken - PU4, TM Beef - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Beef - PU4, TM Fish - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Fish - PU4, TM Pork - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Pork - PU4, TM Chicken - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Lamb - PU4, TM Fish - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Fish - PU4, TM Beef - PU4
	Texture Modified - SB6							
Supper	Snack Items	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals

Menu Name	SPRING MENU 2024	1	Week 4	Cycle 1				
	•			SPRING MENU 20	24			
Meal Period	Section Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Breakfast	Hot			Fried Egg, Baked Beans			Fried Egg, Spaghetti with Tomato and Cheese	Tomato and Cheese Croissant
	Continental Breakfast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast	Continental BFast
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals			
	Texture Modified -	Porridge/Scrambled	Porridge/Scrambled	Porridge/Scrambled	Porridge/Scrambled	Porridge/Scrambled	Porridge/Scrambled	Porridge/Scrambled
	PU4	Eggs	Eggs	Eggs	Eggs	Eggs	Eggs	Eggs
Morning Tea	Snack Items	Banana Bread	Lemon slice	Cornflake Cookies	Chocolate Chip Muffin	Cheese and Crackers	Scones with preserves and cream	Coconut and Strawberry Slice
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals			
	Texture Modified -	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree	Yoghurt, Custard, Puree
	PU4	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
	SB6							
Lunch	Soups							
	Option 1	Beef Meatballs with Creamy Mushroom Dill Sauce	Polish Kotley Mielone(Ground Pork Cutlets)	Tuna Mornay with Crispy Crumble	Roast Beef with Pan Gravy	Homemade Crumbed fish with Lemon and tartare sauce	Slow Cooked Moroccan Lamb	Roast Pork with Apple Sauce or Gravy
	Option 2	Chicken and Mushroom Pasta	Satay Beef	Lamb Rissoles with Gravy	Kopytka (Polish Gnocchi)	Spinach Omelette	Chicken and Vegetable Hot Pot	Eggplant Parmigiana
	Side Starches	Mash Potato	Potato Wedges	Sweet Potato Mash	Roast Chat Potatoes with Tuscan Herbs, Steamed Rice	Chips, Steamed Rice	Roast Pumpkin	Parsley Potatoes
	Side Vegetables	Steamed Broccoli	Braised Cabbage, Garden Salad	Steamed Carrot, Zucchini, Cauli and Broccoli	Brussel Sprouts, Steamed	Garden Salad	Yellow and Green beans buttered	Steamed Carrot, Zucchini, Cauli and Broccoli
	Sides	Carrots with Dill Butter			Honey Glazed Baby Carrots			
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Salads	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad
	Desserts	Chocolate Mousse	Lemon Sago with Cream	Apple Strudel, Custard	Turkish Delight Pannacotta	Ice Cream Sundae	Two Fruit Trifle	Ice Cream with Chocolate topping
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals			
	Texture Modified - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Beef - PU4,	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Lamb - PU4,	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Pork - PU4,	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Chicken - PU4,	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Fish - PU4,	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Lamb - PU4,	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Pork - PU4,
		TM Chicken - PU4	TM Chicken - PU4	TM Fish - PU4	TM Beef - PU4	TM Pork - PU4	TM Chicken - PU4	TM Chicken - PU4

Menu Name	SPRING MENU 2024	1	Week 4	Cycle 1				
	•			SPRING MENU 20	24			
Meal Period	Section Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun
	Texture Modified - SB6							
Afternoon Tea	Snack Items	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals
	Texture Modified - PU4	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit	Yoghurt, Custard, Puree Fruit
	Texture Modified - SB6							
Dinner	Soups	Pea and Ham Soup	Barszcz Ukranian (Beetroot with Beans)	Kapusniak Polish Saurekraut Soup	Lentil and Chunky Vegetable Soup	Creme Of Chicken Soup	Sweet Poato Soup	Rosol(Polish Chicken Noodle)
	Option 1	Seafood Basket with Lemon and Tartare Sauce	Chicken Caesar Salad	Pork and Vegetable Meatloaf with Gravy	Roasted Chicken	Cheese and Mushroom Arancinni Balls	Baked Fish Au Gratin	Beef Bigos
	Soft Option	Grilled fish	Chicken Thigh - Garlic sauce	Pork and Vegetable Meatloaf with Gravy	Roasted Chicken	Cheese and Mushroom Arancinni Balls	Baked Fish Au Gratin	Beef Bigos
	Side Starches	Potato Gems	Mash Potato with Garlic	Crushed Herb Potatoes		Mash Potato	Chips	Roast Sweet Potatoes
	Side Vegetables	Garden Salad	Red Capsicum, Carrot, Yellow and Green Beans	Peas, Corn and Capsicum	Greek Salad	Braised Cabbage	Coleslaw	Garden Salad
	Sides					Buttered Carrots		
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Salads	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad	Chefs Daily Salad
	Desserts	Fresh Fruit Salad with Yoghurt	Two Fruits	Jellied Fruit Salad, with cream	Stewed Fruits with Custard	Berry Mousse	Sliced Melons	Banana Custard
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals
		TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,	TM Puree Potato - PU4,
	Texture Modified -	TM Pumpkin - PU4,	TM Pumpkin - PU4,	TM Pumpkin - PU4,	TM Pumpkin - PU4,	TM Pumpkin - PU4,	TM Pumpkin - PU4,	TM Pumpkin - PU4,
		TM Green Beans - PU4,	TM Green Beans - PU4,	TM Green Beans - PU4,	TM Green Beans - PU4,	TM Green Beans - PU4,	TM Green Beans - PU4,	TM Green Beans - PU4,
	PU4	TM Fish - PU4,	TM Beef - PU4,	TM Chicken - PU4,	TM Fish - PU4,	TM Beef - PU4,	TM Beef - PU4,	TM Lamb - PU4,
		TM Pork - PU4	TM Fish - PU4	TM Lamb - PU4	TM Lamb - PU4	TM Chicken - PU4	TM Fish - PU4	TM Fish - PU4
	Texture Modified - SB6							
Supper	Snack Items	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits	Sweet Biscuits
	Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
	Hot Beverages	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals	Tea and coffee - all meals
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