

# NEWSLETTER

Vol. 180 October 2025







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#### Standard 4 is about The Environment.

Having two Outcomes for residential aged care this Standard focusses on managing the built environment to minimize the risks to residents. There is a focus on equipment that is used being both fit for purpose and well maintained.

The workers must have access to an infection prevention and control system that is founded in good hygiene practices by them. The latter includes processes to promote and optimize vaccination rates amongst staff and residents. The approach that this outcome seeks to promote is reliance upon proactive practices that reduce the risk of harm to resident, staff and visitors, rather than the reactive approach of outbreak containment post exposure.

This Standard is also premised on the built environment itself being fit for purpose in terms of design, layout, paths of travel, availability of access to light and clean air and furniture that is made for safe and easy use by people who often have physical limitations.

**Standard 5** is all about Clinical Care. Standard 5 explains how good clinical care improves an older person's quality of life, independence, confidence and their feeling of purpose in daily life. It outlines outcomes such as clinical governance, infection prevention, safe medication use, comprehensive care, clinical safety, managing cognitive impairment, and providing quality palliative and end-of-life care.

There is a reliance upon well established and embedded systems and processes so that the delivery of clinical care is consistent from day to day and from resident to resident, regardless of their individual circumstances.

The seven Outcomes cover clinical care that can be provided and focus on the nine issues that are considered high impact and high prevalence clinical care risks. These nine issues are the most common clinical conditions, that if not well managed, can have demonstrably negative and catastrophic outcomes for residents.

Ultimately it is about the management and mitigation of clinical risks to residents to both prevent and minimize harm from clinical conditions and deterioration. However, it is also about ensuring that when residents health conditions advance to the point that recovery is not possible, that residents and their families are provided information and choices about care at the end of life that maintains dignity and minimizes the impact of symptoms such as pain.



## SEPTEMBER IN PICTURES



Our residents become regular visitors of Marayong Hotel. They enjoy food, drinks and some entertainment. Last month we farewelled a number of our long- standing staff members. We wish them all the best and are grateful for their hard work.





## SEPTEMBER IN PICTURES



Our staff joined Sisters of the Holy Family of Nazareth in celebrating their 150<sup>th</sup> Anniversary. It was a joyful celebration and an expression of appreciation for the Sisters' Mission carried on since 1954 at the Marayong site.



#### **DATES FOR YOUR CALENDAR - OCTOBER**



150<sup>th</sup> Jubilee Celebration Sisters of the Holy Family of Nazareth

Tuesday - Recreational Hall

2025

sweets

Oct



Tuesday - Recreational Hall

**Maltese Group** 

9:45am - 11:45 am

Gathering

Oct

2025

traditional dance

Wednesday - Recreational Hall 1:30 pm

Diwali Celebration-

Oct

performance & festive 2025



Thursday - Recreational Hall

October Fest - music. food and beer festival

Oct



Tuesday- Recreational Hall

Oct

Residents and **Relatives Meeting** 



Thursday - Bus Trip 09:00am- 4:00pm

**Bus Trip - Mt Tomah Botanic Garden** 

Oct 16

2025



Thursday- Shopping Trip on request

To arrange a trip, please contact your Leisure Officer

Oct Every **Thursday** 

2025

Oct

**First Friday of October** 

2025

Friday- Mass at 10:00 am at Church

Oct

18

2025

St. Luke

Patron of the Doctors and Nurses

Saturday- Mass at 10:45 am at HFS Chapel

Oct

2025

Our Lady of Rosary Feast

> Tuesday- Mass at 10:45 am at HFS Chapel

Oct

25

2025

**Memorial Mass** 

For the deceased residents

Saturday- Mass at 10:45 am at HFS Chapel

Every Wednesday at 10am - Mass at Polish War Memorial Chapel. Mondays, Thursdays and Fridays Holy Mass in the HFS Chapel at 09:30 am by Fr. Ed Kenny.

Please note: Dates and times are subject to change if necessary. Ask for updates on each wing.



#### **SPOTLIGHT ON OUR ARCHITECTS**

#### **Meet our Constructive Dialogue Architects**

Nick Seemann, Managing Director, Constructive Dialogue Architects



I have been involved in the project since 2018. With the appointment of Alasdair Croydon as CEO, the opportunity arose to redevelop the design around his clear understanding of a household model of care and its operational needs. This coincided with our work writing the National Aged Care Design Principles and Guidelines, which have been realised in the design. It will support meaningful domestic activity for small groups of residents living together. The main highlight for me has been working with Alasdair, Sister Grace, Izabela, and others within the Holy Family Services team. This group of people stands out as experienced, engaged and focused on providing the best possible environment for residents and staff. It is great to see work starting to speed up as the building emerges from the ground.

#### Liz Fuggle, UK-registered Architect, Associate



Liz has been involved as architect and project manager since sketch design of the Nazareth Building in February 2023 through to the selection of Grindley as builder, and obtaining the Construction Certificate.

She says "Nazareth is what happens when a purpose-driven client like Holy Family Services is committed to evidence-based design. I'm excited by features Holy Family Services championed, such as wrap-around balconies to the courtyard, acoustic ceiling treatments to minimise noise, top-lighting in corridors and generous communal areas that connect with the wider site. Nazareth will be a beautiful and enduring home, supporting residents and welcoming families for many years to come."



#### Aoiffe O'Kelly, Architect, Construction Lead

Aoiffe has been at the face of the construction process, representing the client and managing the client consultant team of engineers since October 2024. She says 'For me, this project is about the satisfaction of seeing years of planning, coordination, and problem-solving come together in a tangible way. Delivering a new aged care home is complex with many moving parts and challenges to navigate, such as the challenging ground conditions and a tight site. Watching the design turn into a real building—one that will serve people every day—is extremely rewarding.'



#### **OUR FUTURE**

The Nazareth Building construction commenced in November 2024 which initially required a lot of work on our sewer, sprinkler and hydrant lines and storm water.

We are now pouring concrete as quick as possible to get the two levels of slab completed so we can install the roof. Since design inception we have continued to work on improving the design and layout including the way the building interacts with the rest of the site, particularly the road. Instead of the road running immediately in front of the Nazareth building there will now be a substantial lawn area and gardens, to both soften the look of the structure and to reduce heat and noise loads impacting the buildings occupants. We have completed all the planning work necessary to be able to demolish the nursing home when we need to without any undue further investigation or delays.





We expect to have the Nazareth Building completed and be able to be occupied by August 2026. After completion of construction, it will take around a month to bring in all of the equipment and furniture, hang the curtains and train the staff on the new how to use the new equipment.



#### **OUR BIG PLANS**

#### We are currently working on a Master Development Control Plan for the whole site.

That work will involve some simple works to the roadways and surfaces across the site. The road closest to the childcare centre will be widened to become the main entry and exit point for all vehicles. A separate pathway will be added for pedestrian safety from the childcare centre to the road, with its own access gate. All the parking will be changed so that it becomes right angled to the kerb. This will allow us to make up for some car parking spaces that will be lost with the redesign of the roads.

We are also planning for the building that will replace the nursing home, that at this time will be multi-storey apartments built to disability standards to allow ageing in place. Images below show how it may look.





## **BIRTHDAYS IN OCTOBER**



Julius Medvecky

Jadwiga Kazimierska

Lidia Krupa

Frank Psaila

Stefan Glowacki

Andrzej Orlowski

Giovanni Rambaldini

**Edmund Kenny** 

Stefan Brozek

Teresa Zabrocka





## **RETIREMENT VILLAGE**

### Retirement Village makeovers





We are pleased to share that renovation works are currently underway for Villas 2 and 20 in our Retirement Village.

It is with great delight that we announce both villas already have new owners who will soon be joining our community. The renovations will ensure the homes are refreshed and comfortable, ready to welcome their new residents into the vibrant and supportive environment of Holy Family Services.



## **EARLY LEARNING CENTRE**





At Holy Family Early Learning Centre, fathers were invited to celebrate a Father's day afternoon tea with their children, it was amazing to see everyone has enjoyed their lovely time, we all shared healthy snacks, educational activities, the highlight of the day was the children's performance singing to their dads and offering them Father's day gift



## **(**)02 9678 8200

## Stay in touch holyfamilyservices.com.au holyfamilyservices.com.au Get involved

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hfsmarayong

## Books on Wheels are Rolling

City Libraries Mobile Library at Holy Family Services



On board the van, we have available the latest books, magazines, DVDs and audio books for patrons to browse and borrow. We can also supply Polish reading material in the form of books and magazines or on request, reading material in a variety of other languages.

Bus will park under the awning at the main entrance. This will provide easy access to all residents and weather protection from both sun and rain.

#### Dear Relatives & Representatives,

Your feedback is invaluable in helping us maintain and improve the quality of care and services we provide. We kindly request your support in completing our Relatives & Representatives Survey.

You can complete the survey in any of the following ways:

Online: Use the link below to complete the survey digitally:

https://pci.moa.com.au/Web/Tools/DataEntryDataSheet.aspx?uniqueCode=q8ACAnvn

**Hard Copy:** If you prefer, a printed copy of the survey is available at our reception.

Feel free to collect one at your convenience.

Please complete your questionnaire before the 15/10/25. Thank you for taking the time to share your thoughts with us.

