

OUR HISTORY

Holy Family Services has a history on the Marayong site which goes back some 50 years. With the support of Polish community, the Sisters of the Holy Family of Nazareth established the Holy Family site with a particular focus on the education and care of the Polish community in Australia. Holy Family Services is a ministry of the Sisters of the Holy Family of Nazareth, who are the Trustees and who continue to play an integral role in education, child care and aged care services on the site, working particularly closely with the secular staff in the provision of care and support services to our Polish community members.

OUR RESIDENTS' NEEDS

Our residents all have different needs when they become part of our live-in community: Some are fully able to look after themselves; others need help with some activities and prefer to have all their meals provided and their rooms cleaned; others need full-time care and assistance in everything they do.

OUR SERVICES

INDEPENDENT LIVING

Self-Care

Blessed Frances Siedliska Retirement Village provides fully independent accommodation in self-contained duplex units. Residents in this area of our accommodation services are able to look after themselves without any need for personal care or support although emergency assistance is available if required. *Self-Care* is another term to describe fully independent living. This *Self-Care* accommodation allows residents to live exactly as they would in their own homes out in the general community.

RESIDENTIAL AGED CARE SERVICES WE PROVIDE

Supported Living (Hostel)

Should your care needs change and you require supported living, Holy Family Services can offer (subject to places being available)

accommodation at Brother Albert's Hostel. Here, your room is cleaned, laundry is done (unless you wish to use our residents' laundry and do your own), your meals are fully provided and we can help you with your medications.

Full Care (Nursing Home)

Holy Family Polish Nursing Home provides full care accommodation for those who need complete assistance for all daily activities such as toileting, bathing, dressing, feeding and perhaps mobility. Here, all laundry is done, all meals are provided and there is registered nurse care 24 hours per day, to look after all personal care and medications.

We have separate brochures for our residential aged care services and these provide more information.

OUR RESIDENTS' CHANGING NEEDS

While most of us are able to live happy and full lives, looking after ourselves, over time our needs may change. This may be because we have an accident, such as a fall, we might become sick and unable to look after ourselves completely or confidently, or simply that we want closer companionship with others and would prefer our meals to be provided for us, our laundry to be done and have the security of knowing there is help close by, 24 hours a day, should we need it.

Sometimes, we can have a major health event like a stroke which unexpectedly changes our life completely. Suddenly, we might become highly dependent on the care and support of others.

Holy Family Services can offer you levels of care which meet your needs as they change.

Of course, our ability to meet your needs does depend on there being places available but generally, once you are one of our on-site residents in any level of care, we will try to

meet all your needs as and when they change.

SENIOR STAFF

- Mr Kevin Rocks – CEO
- Sr Ewa Pliszka (Sr Ludwika), Hostel Manager
- Mariola Laskazeski, Deputy Director of Care
- Sr Maria Zarzyczna (Sr Joanna), Director of Pastoral Care and Accommodation Services.

WHERE ARE WE?

116-132 Quakers Road
Marayong NSW 2148

CONTACT INFORMATION

For further information about independent living accommodation please call or write:

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MEETING YOUR CHANGING NEEDS

Holy Family Services

Our Mission is to provide, in conjunction with our residents and their families, the children and their parents, a quality aged care service.

This service will be based on Christian values in the Catholic tradition.

Hospitality, love and acceptance will form the cornerstone of Holy Family Services.

